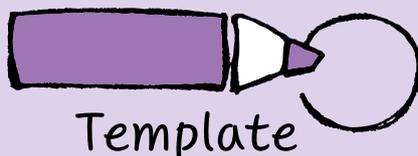


# Good day and bad day

 <b>Good Day at work</b> What happens that contributes to a good day?	 <b>Bad Day at work</b> What throws your day off?
What do you look forward to doing?	What makes the day bad for you?
Who do you look forward to seeing?	What makes you frustrated? Bored?
What happens that gives you energy to deal with difficult situations?	What takes the fun out of your day?
What motivates and interests you at work OR on a work day?	Be sure to include those daily frustrations



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