Diploma of Mental Health

Why study this course?

This qualification will prepare you for a role in community service organisations, delivering care and support to people with mental health problems.

You may work in a clinical setting, within the client’s home or in residential facilities. People working at this level often work autonomously, under the guidance of other practitioners and professionals.

Course Structure

The Diploma of Mental Health (CHC53315) is made up of 20 units: fifteen core units and five elective units. It is delivered in the seven Skills Groups on the right.

If you want to secure your job and your future, our nationally recognised online courses will give you the confidence to take the next step in your career.

Nationally recognised - meets Australian Qualifications Framework standards.

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<tr>
<th>Essentials in mental health work</th>
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<tr>
<td>CHDIV001: Work with diverse people</td>
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<tr>
<td>CHCMHS004: Work collaboratively with the care network and other services</td>
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<td>HLTHS004: Manage work health and safety</td>
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<tr>
<th>Facilitating services in mental health</th>
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<tr>
<td>CHDIV002: Promote Aboriginal and/or Torres Strait Islander cultural safety</td>
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<td>CHCMHS005: Provide services to people with mental health, alcohol &amp; drug issues</td>
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<td>CHCSL007: Support counselling clients in decision-making processes</td>
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<th>Facilitating recovery services</th>
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<td>CHCMHS002: Establish self-directed recovery relationships</td>
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<td>CHCMHS003: Provide recovery-oriented mental health services</td>
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<td>CHCMHS010: Implement recovery-oriented approaches to complexity</td>
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<td>CHCMHS006: Facilitate the recovery process with the person, family and carers</td>
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<th>Working with networks</th>
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<td>CHCADV005: Provide systems advocacy services</td>
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<td>CHCP001: Develop and maintain networks and collaborative partnerships</td>
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<th>Assessing needs and facilitating wellness</th>
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<tr>
<td>CHCMHS009: Provide early intervention, health prevention &amp; promotion programs</td>
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<tr>
<td>CHCMHS011: Assess and promote social, emotional and physical wellbeing</td>
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<tr>
<td>CHCMHS012: Provide support to develop wellness plans and advanced directives</td>
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<td>CHCAOD004: Assess needs of clients with alcohol and other drugs issues</td>
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<th>Managing trauma and grief</th>
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<td>CHCMHS013: Implement trauma-informed care</td>
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<td>CHCCCS017: Provide loss and grief support</td>
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<th>Ensuring professional practice</th>
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<td>CHCPOL003: Research and apply evidence to practice</td>
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<td>CHCPRP003: Reflect on and improve own professional practice</td>
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at www.nationalcollege.edu.au or phone 1300 83 53 73
Entry Requirements

There are no formal entry requirements for this course, but you'll need to have access to the internet and a computer. You'll also need some basic computer skills, such as using Microsoft Word documents, using the internet, downloading and uploading documents, using a digital camera, and downloading and saving videos.

If you’re new to all of this, don’t worry. Our learning platform is easy to use and we’ll provide you with extra support until you feel confident doing it by yourself. Don’t let the fear of technology stand in your way!

Working in aged care and community services also requires a certain level of fitness. There is quite a bit of walking and standing involved, and you may be required to help clients with mobility and transfers. If you’re not sure whether you’re up to it, get in touch with our team to discuss your options.

Work Placement

This course requires a minimum of 160 hours of work experience. This is mandatory for anyone who isn’t already working in the industry. It’s a structured program that involves completing a set of written and practical tasks in the workplace.

We’ll help you find an employer who is willing to provide you with work experience and support you through the practical skills component of the course. If you’re already working in the industry, you’ll need to complete these tasks in your current workplace.

Duration

This course should take you a maximum of 18 months to complete. You'll need to spend about 15 hours per week studying to complete the course within this time frame.

We understand that everyone learns at a different pace, so the time it takes you to finish the course will depend on how much you already know and how much experience you already have.

Delivery Modes

We give you complete control over your study plan, so you can learn when and where it suits you:

**Online learning**

Your course will be delivered online through our innovative learning platform. It’s interactive, easy to use and designed to keep you motivated throughout the course.

**Mixed learning**

If you prefer to use printed workbooks, we can arrange to post them to you at an additional fee. You'll still have to log in to our learning platform to complete your assessment tasks.

How You’re Assessed

We use a combination of assessment methods to determine whether you have successfully completed each unit in the course. These include:

- Short answer questions
- Multiple choice questions
- Written activities
- Projects
- Observation of practical skills
- Logbooks
- Workplace portfolios

Recognition of Prior Learning

We believe you should get credit for the skills and knowledge you've gained from previous qualifications, work and life experience. After all, why should you spend time and money learning something you already know? Recognition of Prior Learning (RPL) is a process that formally recognises your skills, knowledge and qualifications, so you can become qualified in your area of expertise. Applying for RPL is easy and our educators will guide you through every step of the process.

If you’ve studied at another registered training organisation in Australia, you can apply for a credit transfer. We’ll look at the subjects you’ve already studied and compare them to the subjects in our course, to see if there is a match. If there is, you’ll be awarded credit for that subject or course.
Your Qualification
When you successfully complete this course, you’ll receive a CHC53315 Diploma of Mental Health.

Your Career
There are many different career pathways you can take in the mental health sector. Below are just a few of the job roles available once you graduate from National College Australia.

Job Roles
- Case Manager
- Coordinator or Assessor
- Program Service Coordinator

Salary Guide
$75,000 - $85,000 per year

Working Hours
- Full-time or part-time
- Shift work and flexible hours

Your Study Pathway

Next Course
You may get academic credit towards a higher qualification.

Course Fees
You can pay in full and get a 20% discount on the course fee, or pay in instalments. We also offer flexible payment terms and government funding for those who are eligible. Contact our team for more information on fees and payment for this course:

OPTION 1 PAY IN FULL
$4079
Pay in full & get a 20% discount

OPTION 2 PAY IN INSTALMENTS
$5099
$99 deposit plus fortnightly payments of $132 or weekly payments of $66

RPL RECOGNITION OF PRIOR LEARNING
$2200 or $199 per unit
Assessment of RPL for a full qualification.

Loyalty Discount
You’ll receive a 5% discount off the full course fee if you enrol in another full qualification with National College Australia. Conditions may apply
What is Mental Health?

Mental health is a state of wellbeing that affects how we think, feel and act. A person with good mental health can realise their potential, cope with the normal stresses of life, work productively and make a contribution to their community. However, 45% of Australians aged 16-85 experience a mental health condition in their lifetime. This can be caused by a range of factors, including life experiences, family history, stressful circumstances or individual factors like low self-esteem. Mental health services provide care and support to people with mental health problems, whether they’re going through a tough time or have a serious mental illness.

Community Programs

You’ll provide mental health support to people in the community, through drug and alcohol, healthcare, employment, counselling and rehabilitation programs.

Government Services

You’ll work in consultation with healthcare professionals in hospitals, outpatient clinics and other public services, to support people with mental health issues.

Home Care

You’ll provide care and support to people in their own home or a residential facility, so they can maintain their health, wellbeing and quality of life.

Respite Care

You’ll take care of people with mental health problems for short periods of time, while their family member or carer takes a break.

Why Study Mental Health?

Our courses give you the qualification you need to become a mental health support worker, helping people affected by mental health problems, mental illness and psychiatric disability. You’ll learn how to counsel clients, refer them to other community services, advocate on their behalf and deliver education that promotes health and wellbeing.

Studying mental health courses online at National College Australia opens up a range of career pathways, from entry level roles caring for clients, to leadership and management roles developing programs for people with a mental illness. The growing awareness of mental health and increase in services across Australia make this a smart choice at any stage of your career.

The NCA Difference

How We Support You

We genuinely care about our students and pride ourselves on maintaining a positive and supportive learning environment. We’ll help you in any way we can during your time at National College Australia, whether you have a quick question or need some extra support.

If you’ve never studied before, or it’s been a few years since you completed a qualification, starting a new course can be daunting. We want to make it as easy and comfortable for you as possible, which is why we offer one-on-one support at every stage of your journey, from choosing a course to finding employment.

Learning Support

Unlike many other registered training organisations, we don’t have different educators marking different subjects. You’ll have one educator from start to finish. They’ll be in regular contact with you via phone and email throughout your course, to monitor your progress and give you the support you need.

We’ll also track your performance to make sure you don’t fall behind. If we notice that you haven’t logged on in a while, we’ll get in touch to see if everything is ok and help you resolve any issues that are making it difficult to complete your course.

Student Support

Our goal is for you to walk away with a nationally recognised qualification, no matter what stands in your way. So if you have any issues with administration, payments, certification or anything else that may come up during your studies, our team are here to help.

Work Placement Support

Our work placements give you the skills and confidence you need to be job ready when you graduate. We don’t just tell you to get real-life experience in the industry, we help you find the right employer, organise your work placement and support you every step of the way.