

Disability Induction Program

# User Guide

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National Disability Services is the Australian peak body for non-government disability services. Through the provision of information, representation and policy advice, promotes and advances services which support people with all forms of disability to participate in all domains of life.

carecareers is a not-for-profit employment initiative for the disability and community care sector. Its elements include a high-profile marketing campaign, a comprehensive sector-specific job website (<a href="www.carecareers.com.au">www.carecareers.com.au</a>) and a fully staffed Career Centre providing advice to jobseekers by phone and email.

# **Contents**

Introduction	1
Welcome	1
Program overview	1
What is this guide for?	2
Why should I complete the program?	3
What is the program?	3
What are the goals and benefits of the program?	3
If you already work in the disability sector but need/want t	o know
more	4
How do I complete the program?	5
Working through the program	5
Online instructions	5
What do the courses contain?	11
Activities and assessment	14
Where can I get guidance and support?	15
Resources	15
Guidance and support options	15
What do I do next?	16
Certification	16
Qualifications	16
Future learning pathways	17

### Introduction

#### Welcome

Welcome to the Disability Induction Program. This User guide is intended as an introductory guide for individuals who are either interested in a career in disability or are already working in the sector and are undertaking further training.

#### Program overview

The disability sector is undergoing a major transformation and our approach to working with people with disability has significantly changed enabling you, as a worker or potential worker, to have a greater impact on the lives of individuals and really make a difference.

The Disability Induction Program will prepare you to work in the sector through supporting the rights of people with disability and by placing the person at the centre of all decision-making.

In the resources available to you as part of the program, you will find realistic and engaging activities and scenarios, giving you a clear insight into what it is like to work in the sector.

For those who already work in disability, these activities and scenarios provide the opportunity to focus and enhance your skills and knowledge in how you work with people with disability, their families and carers.

It will give you skills and knowledge that you can use in your own organisation and throughout your career in the disability sector into the future.

## What is this guide for?

This User guide will give you information to assist as you work through the program. It includes information about:

- reasons for completing the program
- the courses and modules in the program
- how to work through the program
- where you can get guidance and support
- what to do when you complete the program.

# Why should I complete the program?

### What is the program?

The Disability Induction Program is an industry endorsed program. It has been developed to ensure a minimum entry level and consistent process for all new and potential employees entering the disability sector, regardless of their job role.

The program serves as a pre-employment facility for individuals interested in joining the sector to complete and attach with job applications and for new employees who have been offered a position within the sector.

It also provides an opportunity for existing employees to update their skills and knowledge.

# What are the goals and benefits of the program?

It is important that those considering a career in disability understand the goals and mission of sector and have an awareness of the challenges and benefits to ensure it is a good fit for them. The Disability Induction Program prepares people to work in the disability sector by introducing them to and encouraging a person-centred approach. The tools within the program explain and demonstrate the need and practicalities of placing the person with disability at the centre of all decision-making and operational activities.

# If you are considering working in the disability sector

You can learn more about the sector by completing the courses via the online tool. If you are considering a career in disability, this will provide you with a great introduction to:

- the rewards and challenges of working with people with disability
- the type of work you can do
- roles and responsibilities
- the career pathways available to you
- guiding principles
- safe and fair work practices.

From here you can decide if the sector is right for you and think about your next steps into the disability workforce.

# If you already work in the disability sector but need/want to know more

Maybe you have just started work in the sector and are undertaking induction training. Or maybe you want to update your skills and knowledge, especially with the introduction of the NDIS and the changes it will bring to the way you work with people with disability. Whatever your motivation is, you will benefit from the background knowledge and practical case studies in this program.

## How do I complete the program?

#### Working through the program

The program is designed so that it can be completed flexibly in your own time.

There are five courses in the program.

- 1. It's a great career if you enjoy working with people.
- 2. You can make a difference.
- 3. Essential skills.
- 4. Looking after yourself and others.
- 5. Your work is meaningful.

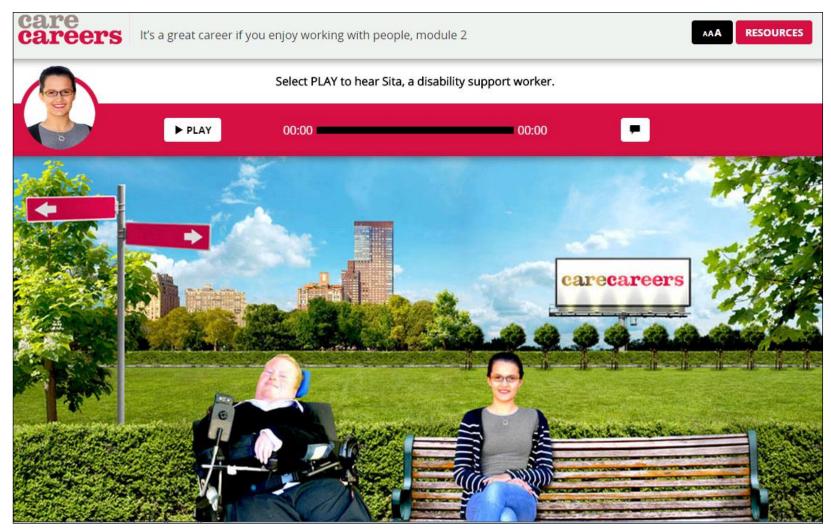
Each course contains two or three modules and is designed to take approximately 1 hour to complete. Courses are self-contained and can be completed in any order and any combination you choose, but they are designed to follow a logical order of progression. This means you, or your employer can choose to complete any number of courses in the program.

#### Online instructions

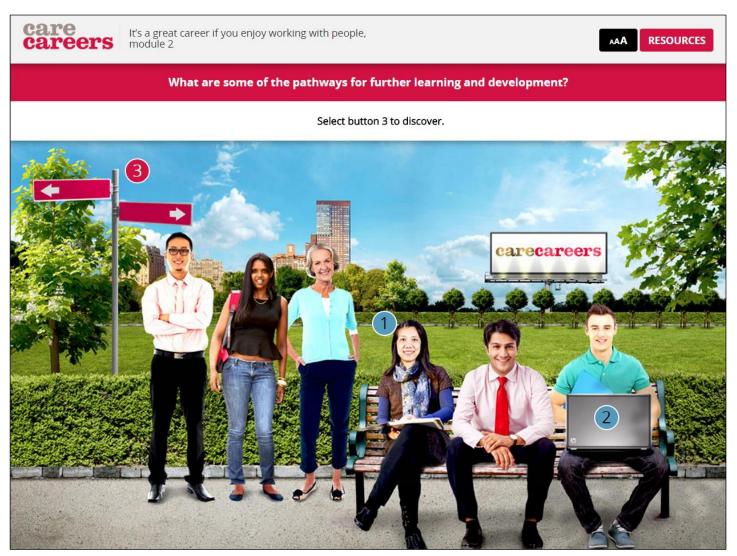
#### **Steps**

- 1. Open your internet search engine and enter the carecareers website address: <a href="http://www.carecareers.com.au/">http://www.carecareers.com.au/</a>.
- 2. Select the green tab at the top of the screen 'next steps, Career progression and training'
- 3. From the menu, select 'Disability Induction Program'.
- 4. Read the introduction to the program.
- 5. Select 'It's a great career if you enjoy working with people, module 1' to get started.

- You will be welcomed to the modules for that course by one or both of your narrators – Sita and George. Listen to or read their introduction and then select continue to complete each module (see page 7 for step 6).
- 7. In each module you'll find topics, accessible through buttons throughout each module. Select the buttons to complete the topics (see page 8 for step 7).
- 8. When you have finished working through the topics for each module you will see the key learning points and can move onto the next course or module (see page 9 for step 8).
- 9. Once you have completed the first module you will be asked to register or login as a carecareers user to view your personal career hub and access the other courses. You will also be asked to manually confirm you have completed the first module before you selecting the next module to complete.
- 10. At the end of all other modules you will be given the option to either review the topics you have covered or alternatively to return to your **career hub** to select and complete another module (see page 10 for step 10).
- 11. At the end of each course you will also be given the option to download your certificate of completion (see page 16 for more information).



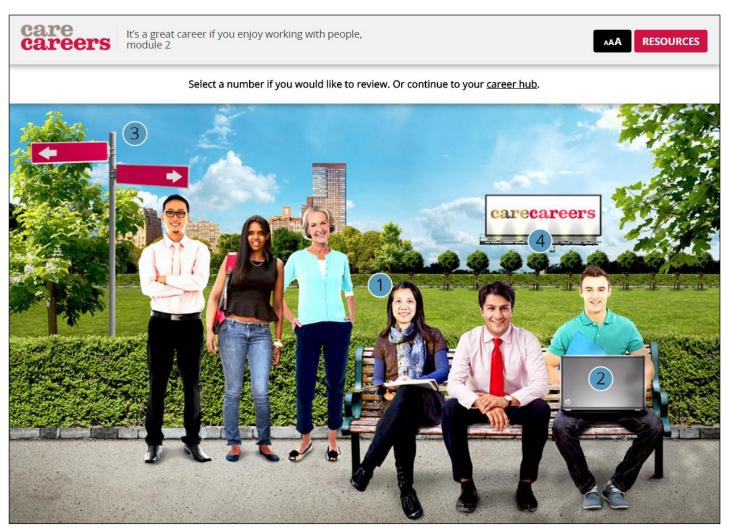
Step 6: Sita and George – the narrators who introduce each module



Step 7: Sample module course page with buttons to access each topic

Well done, you've completed 'It's a great career if you enjoy working with people, module 2'. Here are the key learning points from the module. When you're ready, go to the next module. There's an interesting art gallery to visit just outside the park. Come with us to explore. **CLOSE X** carecareer **Key learning points** • The disability sector offers a wide range of careers and jobs with rewards and challenges. • It is a changing area, with lots of opportunity for personal and professional growth. • There are many ways to enter the sector and progress your career.

Step 8: Sample module conclusion page with key learning points and directions for moving to the next course or module



Step 10: Sample screen to demonstrate how you can review the module's topic by selecting numbered buttons or selecting to return to your career hub.

# What do the courses contain?

# Course and module descriptions

Course name	Course description/goal	Module 1	Module 2	Module 3
Course 1: It's a great career if you enjoy working with people	The core message is that the people you work with have goals and aspirations, as well as needing support with the daily activities; they are unique inspiring individuals; some situations are challenging, however the work is very rewarding if you enjoy supporting people to live full and rich lives.	Meet people with disability.  What is a disability?  Disability – the myths and the reality.  Introducing the National Disability Insurance Scheme (NDIS).  How you can make a difference.	What career opportunities are available?  How can I enter the disability sector?  What are the pathways for further learning and development?  What is it like working in the disability sector?  Roles in the disability sector.	Milestones over the past hundred years.  What are the changes in approach to providing disability services?  How has life changed for people with disability?
Course 2: You can make a	You can make a difference in people's lives, by adopting a person-centred approach.	The importance of choice and control.	What are the roles and responsibilities of a	No module 3

Course name	Course description/goal	Module 1	Module 2	Module 3
difference	This involves listening to what a person with disability wants, and supporting them to achieve their goals and aspirations and live in their community as they choose.	Working in a team to support people with disability.  Who are the people in a support network?  Introducing a person-centred approach.	disability support worker?  A week in the life of a disability support worker  Putting a person-centred approach into practice.	
Course 3: Essential skills	This course looks at key skills you need and how you can continually learn and develop when working in the disability sector.	The importance of good communication.  Essential communication skills.  Meeting the communication needs of different people.  Dealing with complex and sensitive situations.	Continuous learning and development.  On-the-job training.  Taking responsibility for your learning.  Responding to change.	No module 3
Course 4: Looking after yourself and	You are responsible and accountable for yourself and others. The core message is	Your responsibilities in maintaining a safe	How do you respond to risk using a person-centred	Identifying and managing risks associated with manual

Course name	Course description/goal	Module 1	Module 2	Module 3
others	about the importance of keeping watch over a safe and healthy workplace, looking out for yourself and the people you work with.	workplace.  Duty of Care.  What is "reasonable" Duty of Care?  Responsibility versus selfdetermination.	approach?  Keeping safe while respecting individual's choice.  Tips for improving wellbeing.  Dealing with challenging situations.	handling, slips, trips and falls, driving and working alone.  Good work practices to prevent injury.
Course 5: Your work is meaningful	Your work with people is meaningful. People with disability have the same rights as everyone else. By applying a right-based approach to their work learners will support and uphold the rights of people with disability.	What are human rights?  What is a rights-based approach?  How does applying a personcentred approach support a person's human rights?	Professional practice from the perspectives of a person with disability, an organisation, a worker. Responding to suspected harm and abuse.	

#### Activities and assessment

Activities are embedded throughout the modules and are designed to reinforce learning and confirm your understanding and comprehension as you progress. They are not "tests". They simply provide evidence to determine that participants have successfully completed each course. They are also a great opportunity to practise applying what you have learned.

# Where can I get guidance and support?

#### Resources

Further resources are available within the online program, should you wish to find out more about the topics covered. This includes links to many relevant websites.

#### Guidance and support options

If you are already employed in the sector and are completing the program under the guidance of your organisation, your line manager or the person responsible for learning and development will be the first point of call.

Potential employees can contact the carecareers Career Centre using the contact details below.

Email: <a href="mailto:info@carecareers.com.au">info@carecareers.com.au</a>

Phone: 1300 637637

### What do I do next?

#### Certification

You will receive a certificate of completion at the end of each of the courses you complete.

#### Qualifications

Courses and modules within this program provide a basic introduction which partially aligns to two qualifications within the CHC08 - Community Services Training Package.

This means that, if you choose to go on to complete more formal qualifications, you may already have some of the basic skills and knowledge required.

You may even be able to discuss opportunities for Recognition of Prior Learning (RPL) with the Registered Training Organisation (RTO) you enrol with. This means they may be able to refer to the Course and Module list in this Guide to assist them in gathering evidence towards assessment of what you know and can do so far and what you still need to know and do in order to gain a qualification. From there they may be able to design an individual learning plan to assist you gain your qualification.

## Future learning pathways



Qualifications in the CHC08 - Community Services Training Package: Certificate III in Disability, Certificate IV in Disability and Advanced Diploma in Disability



